



This Volume Belongs To

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## Welcome

Dear Reader,

Thank you for your interest in living green. A new way of living and doing business has arrived in Michiana; one that creates healthy, safe, and thriving communities. By living and buying green you will be nurturing and celebrating the choices that sustain us all.

With each green step you take, you help solve our planet's problems. When you buy Fair Trade, you ensure a fair wage for producers around the world. By choosing organic food you reduce the dangerous pesticides used on conventional crops. By making your home more energy-efficient, using public transportation or utilizing low carbon output modes of transportation such as walking, bicycling or driving hybrid automobiles, you curb climate change and create a more secure energy future.

A primary goal of the Michiana Green Pages is to connect people throughout our area. Toward this end, we highlighted four initiatives or opportunities in feature stories scattered throughout the guide. We hope you enjoy reading about them and getting to know your community better. Green living tips and ideas are once again included too.

This year we are glad to be linked to the WVPE Green Page, (click on the "Green" tab at [www.wvpe.org](http://www.wvpe.org)). We hope you will become familiar with what this page has to offer, such as the Latest Green Headlines, Green Events, Sustainable Links and more. So, please dive into this edition knowing that more and more people and businesses around Michiana are joining with you to create a green way of living.

The "Green Committee"

# Frequently Asked Questions

## What is Michiana Green Pages?

This directory connects you with socially and environmentally responsible efforts in our area that provide green products and services. It also includes resources for community building, recreation, health and good eating.

## What is a green business or service?

A green business operates in ways that solve, rather than cause social and environmental problems. Green businesses or services adopt principles, policies, and practices that improve the quality of life for their customers, employees, communities, and the planet. Green means social justice, economic justice, and environmental sustainability.

## Why is buying local important?

If we want to see change in the world, we can start by supporting locally owned businesses, and buying locally produced goods. This means getting to know your neighbors, and reducing transportation required to get goods to your door, which in turn reduces your carbon emissions. Buying local also gives you more of a say in how your food and other goods are produced!

## What is sustainable living?

Living sustainably means choosing a lifestyle that meets the needs of the present without compromising the ability of future generations to meet their own needs.

# Thank You

## To the Sponsors of the Michiana Green Pages

This directory is brought to you by sponsors of the Michiana Green Pages. We want to thank them for their generous support of this effort. Through purchasing the directory, giving donations and supporting fund raising efforts such as our annual "Great Lakes Bike Tour," we have been able to fund the printing costs the last three years.

If you are interested in supporting current and future printings of the Michiana Green Pages, please go to our web site and click on Make a Donation to see how easy it is to be a part of the effort to get the "Green Word" out, and link like-minded people in our community.

Michiana Green Pages  
1211 Mishawaka Ave., South Bend, IN 46615  
[www.michianagreenpages.org](http://www.michianagreenpages.org)  
Printed in the U.S.A. • First Printing, April 2009

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Cover Design: Hannah Gerig Meyer, [hgerigmeyer@gmail.com](mailto:hgerigmeyer@gmail.com)

Printed by Stamprint. Cover on 30% post-consumer recycled paper. Inside pages on 100% post-consumer recycled paper.

## Arts & Media



### Art Beat

217 S. Michigan St.  
South Bend, IN 46601

**574-282-1110**

Free, downtown South Bend event featuring the work of local visual, musical, performing and culinary artists. Sat, Sept 26, from 10-6.

[jkain@downtownsouthbend.com](mailto:jkain@downtownsouthbend.com)

**[www.artbeatsouthbend.org](http://www.artbeatsouthbend.org)**

Jitin Kain

### Branches

P.O. Box 30920  
Indianapolis, IN 46230

**317-255-5594**

**800-352-2817**

Forum for discussion of personal growth, health care, environment, peace & justice, spirituality & the arts. For and about Hoosiers, distributed free throughout the state.

[apple@branches.com](mailto:apple@branches.com)

**[www.branches.com](http://www.branches.com)**

Tom Healy

### Chartreuse: A Local

Arts Co-op Gallery  
304 State Street  
St Joseph, MI 49085

**269-983-0931**

A co-op of 22 Berrien County artists that have banded together to bring locally made arts and crafts to the public. Artist-owned and operated gallery located in lovely downtown St Joseph.

[vicschicks@prodigy.net](mailto:vicschicks@prodigy.net)

**<http://chartreuseartgallery.com/>**

Vicki Cook

### Chris Jaworski Studio & Gardens

70877 Sunset Blvd.  
Union, MI 49130

**574-532-3727**

Chris creates steel sculptures from old agricultural implements

[jaworskigardens@comcast.net](mailto:jaworskigardens@comcast.net)

**[www.ChrisJaworski.com](http://www.ChrisJaworski.com)**

Chris Jaworski

### Circa Arts Gallery

See Green Buying

### Fire Arts, Inc.

305 E. Colfax Ave.  
South Bend, IN 46617

**574-282-2787**

Studio for artists who use fire to create their artwork. Open to the public Tues and Thurs 6:30-9pm and Sat 11-4.

[info@fireartsinc.com](mailto:info@fireartsinc.com)

**[www.fireartsinc.com](http://www.fireartsinc.com)**

Becky Wainwright

## Arts & Media

Goshen Theater  
216 S. Main St.  
Goshen, IN 46526  
**574-535-0808**

Historic downtown theater currently offers family movies, and the Community Sustainability Film Series.

[www.goshentheater.com](http://www.goshentheater.com)

Lubeznik Center for the Arts  
101 W. 2nd St.  
Michigan City, IN 49360  
**219-874-4900**

[artinfo@lubeznikcenter.org](mailto:artinfo@lubeznikcenter.org)

[www.lubeznikcenter.org](http://www.lubeznikcenter.org)

Amy Davis

Nalani Stolz  
Portrait Painter  
**574-232-8309**  
[nalanistolz@yahoo.com](mailto:nalanistolz@yahoo.com)

South Bend Regional  
Museum of Art  
120 S. St. Joseph Street  
South Bend, IN 46601  
**574-235-9102**  
Art classes in a wide range of media are offered at the museum for all skill sets and ages, as are school tours, outreach programs, special events, and blockbuster exhibitions.  
[info@sbrma.org](mailto:info@sbrma.org)  
[www.sbrma.org](http://www.sbrma.org)

Studio Arts Center  
4609 Grape Road  
Mishawaka, IN 46545  
**574-243-2006**  
Offers space for classes and exhibits for artists of all ages, working in all medias.  
[info@studioartscenter.org](mailto:info@studioartscenter.org)  
[www.studioartscenter.org](http://www.studioartscenter.org)  
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[artschool@bnin.net](mailto:artschool@bnin.net)  
[www.goshenartschool.com](http://www.goshenartschool.com)  
Donna Arnold

A Wee Bit Warped  
Mishawaka, IN  
**574-286-2502**

Fabric Art

[nkhead@comcast.net](mailto:nkhead@comcast.net)

Nancy Brenner Sinnott

WNIT Public Television  
P. O. Box 3434  
Elkhart IN 46515-3434

**574-675-9648**

WNIT Public Television is a trusted, community owned public media source dedicated to inspire, inform, educate, entertain, and unify the communities we serve.

[wnit@wnit.org](mailto:wnit@wnit.org)

[www.wnit.org](http://www.wnit.org)

88.1 WVPE Public Radio  
2424 California Rd.  
Elkhart, IN 46514

**574-674-9873**

**888-399-9873**

Public radio serving Michiana, WVPE is a vital communication resource that strives to inform, entertain and inspire the communities we serve. The WVPE Green Page is a resource for all things green.

[vvpe@vvpe.org](mailto:vvpe@vvpe.org)

[www.vvpe.org](http://www.vvpe.org)



All American Homes  
2831 Dexter Drive  
Elkhart IN 46514  
**574-266-2501**

New home builder offering complete, turn-key green home packages called Solar Village as well as a host of green, energy-saving options on their traditional home plans.

[mtonley@allamericanhomes.com](mailto:mtonley@allamericanhomes.com)

[www.allamericanhomes.com](http://www.allamericanhomes.com)

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Arkos Design provides architectural, interior design and landscape architectural services. We are experienced in sustainable design and have LEED AP members on-staff.

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920 E. McKinley Ave.  
Mishawaka, IN

**574-254-4911**

2526 Peddlers Village Rd.  
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Discounted building supplies, used appliances & furniture. Proceeds fund houses for Habitat for Humanity. Donations of gently used items accepted. SB & Mish: Tu-Fri 10-6, Sat 9-5. Elkhart: Tu, W, F 12-5:30, Th 12-8, Sat 9-2.

community-outreach@habitat-for-humanity.org

**www.habitat-for-humanity.org**

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Larry Seurnyck

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## Responsible Building | Habitat ReStores

**H**abitat ReStores are retail outlets where quality used and surplus building materials are sold at a fraction of normal prices. Proceeds from ReStores help local affiliates fund the construction of Habitat houses within the community. Many affiliates across the United States and Canada operate successful restores—some of which raise enough funds to build an additional 10 or more houses per year.

Habitat ReStore's Goals are to:

- Generate cash flow to support habitat's home building program
- Keep valuable materials out of local area landfills
- Provide community with a source of low-cost building materials
- Provide an opportunity to volunteer at the Habitat ReStore

Habitat for Humanity accepts donations of new and saleable, used

building materials such as cabinets, lighting and plumbing fixtures, doors, lumber, flooring, and windows. Some materials will be used to build habitat houses. The rest will be sold to the public at 50-75% off the retail price. There are over 500 Habitat ReStores in the U.S. and Canada. Three of them in our area include South Bend, Mishawaka, and Elkhart locations. You can find them in the Michiana Green Pages "Buildings, Homes & Gardens" section.



The Habitat ReStore makes home improvement more affordable while helping Habitat build more homes. At the same time, usable building materials are kept out of our landfills.

You can help by donating new and used building materials, volunteering in the stores and purchasing from the stores.

[www.habitat-for-humanity.org](http://www.habitat-for-humanity.org)

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*David.sipp@mrhandyman.com*

**[mrhandyman.com](http://mrhandyman.com)**

David Sipp

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*Edgnott@epsinc.ws*

Ed Gnott

RGM Properties

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Goshen, IN 46528

**574-333-4174**

RGM Properties, a green developer, has just completed a new superinsulated solar duplex at 745 Steury Ave, Goshen. Please see [gregorylehman.com](http://gregorylehman.com) for photos and details.

*lehmangr@gmail.com*

**[gregorylehman.com](http://gregorylehman.com)**

Gregory Lehman

Dome home/straw bale barn

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Julianna Sauber

The Seegers Family

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Goshen, IN 46528

**574-533-9050**

Web site documents a family's green home renovation project

*seegers.media@verizon.net*

**[www.edificeventure.com](http://www.edificeventure.com)**

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Andy Haeck

Michiana Community  
Currency  
P.O. Box 114  
Notre Dame, IN 46556-0114  
**574-287-3834**

The Michiana Community Currency project is an initiative to create and maintain a local money to serve our region's businesses and trades.

*michianacurrency@gmail.com*  
**[www.michianacurrency.org](http://www.michianacurrency.org)**

Jackie Smith

Michiana Beekeepers  
Association  
13628 SR 23  
Granger, IN 46530  
**574-261-5678**

Support for beekeeping, information to help get set up, annual beekeepers auction in May, bees and equipment; vermiculture and education about gardening and earth worms

*Bees2showu@aol.com*  
Jim Kendall

Michiana Organic  
Growers Cooperative  
P.O. Box 334  
New Carlisle, IN 46552  
**(574) 993-3008**

Works with farmers to increase the supply of organically grown food and profitably market their products within the Michiana area.

*mogc@live.com*  
Michael Hollcroft

Oakley Home - Web  
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716 S. 11th St.  
Goshen, IN 46526

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*peteo@oakleyhome.com*

***www.oakleyhome.com/solar.php***

Peter Oakley

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*rabbitruninn@comcast.net*

***rabbitruninn.com***

Rodney Clough

St. Joseph County

Sustainability Council

67733 Marian Trail  
Sturgis, MI 49091

**574-825-5587**

Our Mission Statement: Provide for the needs of the present without compromising the needs of the future!

*ePlanSets@yahoo.com*

***www.sjcsc.org***

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***www.shoelesscomputers.com***

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Sustainable Business

Roundtable

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West Michigan

Sustainable Business

Forum

Encouraging the development of a vibrant, sustainable West Michigan economy by promoting local business ownership, social equity, and environmental kinship through education, support and collaboration.

***www.wmsbf.org***



Center for  
Sustainability

Awareness  
701 S Main St.  
Mishawaka, IN  
**574-255-3216**

A nonprofit organization focusing on the promotion, practice & facilitation of sustainability, natural building, healthful living, local commerce, voluntary simplicity & building community. Also known as Csaw.

*Csaw\_email@yahoo.com*  
***myspace.com/greencsaw***

Pebble Konopinski

Citizen Action Coalition  
603 E. Washington St. Ste 502  
Indianapolis, IN 46201  
**317-205-3535**

A nonprofit dedicated to improvement of quality of life through public policy advocacy. Aims to preserve democratic process, conserve natural resources, protect the environment and provide affordable access to essential human services

*kolson@citact.org*  
***www.citact.org***

Eco-Zone Co.  
4400 Silhavy Rd.  
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*franz.asenbeck@eco-zone.org*  
***www.eco-zone.org***

Franz Asenbeck

Elkhart Envirocorps  
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Elkhart, IN 46516

**574-293-2572**

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*Ecorps.mail@coei.org*  
***www.elkhartindiana.org***

Hoosier Environmental  
Council

1915 W. 18th Street, Suite A  
Indianapolis, IN 46202  
**317-685-8800**

Through education, advocacy, and citizen empowerment in Indiana, the Hoosier Environmental Council works to protect and restore the natural systems upon which life depends.

*toneil@hecweb.org*  
***www.hecweb.org***

MACOG (Michiana Area Council of Governments)  
227 W. Jefferson Blvd., Rm. 1120  
South Bend, IN 46601  
**574-287-1829**  
Environmental, economic and

transportation projects in St. Joe, Elkhart, Marshall, Kosciusko Co. Determines some spending of federal and state transportation dollars. Holds public meetings.  
*macogdir@macog.com*  
**www.macog.com**

## Local Food | Community Gardening

The Community Gardens of Michiana group was originally formed as South Bend Community Gardens beginning with a casual conversation at the South Bend Earth Day event in April of 2007. Soon after, a workshop at the Community Forum for Economic Development (CFED) on the issue of food sparked a lively discussion. It ended up with most in the room excited about the idea of and potential for community gardens in South Bend.

The casual conversation blossomed into a meeting of a core group of interested people from across the city.

At the same time, similar conversations about the power of local food and the desire for more local access to and control over food were being held among participants in Bertrand Farm's community supported agriculture program. One gardener mentioned they knew of the perfect place – the lawn north of the Potawatomi Greenhouse.

The greenhouse had been operated by the city since the 1920's, and the conservatory was added in the

1960's. The former city gardener, who used to live in a house on the property, had kept a garden on the site which had lain dormant in the years since the house was removed after his retirement.



In 2008, again through an informal idea discussion at the CFED, Sara Stewart-Uzelac proposed opening up a garden for whoever wanted to drop in to grow food in downtown South Bend. She dug it up and planted that same spring! The concept of the Unity Garden took root, and several more

have been started around the region in 2009.

The new name, Community Gardens of Michiana, is designed to reflect the new vision of shared technical assistance, resources, grant opportunities, volunteers, and educational resources.

Information on the gardens can be found at [www.sbcg.org](http://www.sbcg.org).

Krista Bailey

### Michiana Peace and

### Justice Coalition

702 E. South St.,

South Bend, IN, 46601

Organization of concerned individuals and organizational representatives. Primary issues are active opposition to the wars in Iraq and Afghanistan and changing policies that increase inequality, racism and poverty.

*michpeacejust@yahoo.com*

***www.michianapeacejustice.org***

### Michiana Quality of Life

Works on issues of economic development and how it affects quality of life. Website provides a forum to discuss local legislation, and calendar of important votes and meetings.

***www.michianaqualityoflife.org***

### Michiana Social Forum/ Sustainability Network

Explores connections between local problems and global forces. Provides networking opportunities for groups working for human rights, jobs, social justice, and sustainability.

***Michianasocialforum.org***

### Pets Connect

Mishawaka, IN

Not-for profit, community based organization with the goal of creating a “No more homeless pet” community. Works with animal shelters to place pets in homes.

***Petsconnect.org***

### Riley High T.R.E.E.S.

South Bend, IN

**574-283-8400**

Service organization. Conduct highway cleanups, etc.

***www.rileyhighschool.com***

### Sierra Club, Michiana

Group

PO Box 1002

South Bend, IN 46624

**574-287-1621**

Sierra Club is a national environmental organization dedicated to the enjoyment, exploration and protection of wilderness and natural areas. The local group meets the third Thursday of the month at 7pm.

*michiana-sierra@comcast.net*

***www.indiana.sierraclub.org/***

***michiana***

Christine Fiordalis

### South Bend-Elkhart

Audubon Society

51934 Lily Road,

South Bend, IN 46637

**574-243-8739**

Meetings the second Sunday of each month with guest speakers are open to the public. Call to find location. Monthly outings and walks also scheduled.

***www.sbeaudubon.org***

Laura Fuderer

### St. Joe County Izaak

Walton League

See Information and Education

Energy & Recycling

**St. Joe Valley Greens**

Meets second Tues. each month.  
Weekly public access program,  
GreenTV. Advocacy of 4 pillars -  
ecological wisdom, social justice,  
grassroots democracy, and  
nonviolence.

***www.sjvgreens.org***

**SweatFree**

**Communities**

1631 1/2 S. Main St.  
Goshen, IN 46526

**574-975-6207**

Campaigning to stop tax dollar  
support for sweatshop abuses.  
We're a national organization that  
just opened our Midwest office in  
Michiana! Internship and volunteer  
opportunities available.

*vicki@sweatfree.org*

***www.sweatfree.org***

Vicki Kaplan



**Energy &  
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Use biofuels as a clean, renewable  
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Photovoltaics, wind, solar cooking,  
solar thermal for water heating.  
BTF Ltd. has provided equipment  
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**Heating, Inc.**

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Geothermal heating and cooling  
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*info@churchplumbingandheating.com*

***churchplumbingandheating.com/***

***Energy***

Michael J Church

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**Environment**

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Dowagiac, MI 49047

**269-782-1211**

Student environmental organi-  
zation, Southwestern Michigan  
College

Tom Huber

**Eco-Tip**

Fill the dishwasher.  
Run your dish-  
washer only with a  
full load. Save 100  
lbs of carbon dioxide  
and \$40 per year.

### Free Geek Michiana

Not for profit organization whose primary mission is to keep computers out of landfills. Refurbishes computer systems to distribute to low-income families.

***Wiki.freegeek.org/index.php/FreeGeek\_Michiana***

### Geothermal Specialist, Inc.

5427 N 300 E  
LaPorte, IN 46350

**888-716-2739**  
**219-778-1000**

Geothermal heating and cooling systems.

*svw@geothermalspecialist.biz*  
***www.geothermalspecialist.biz***  
Steve VanderWerf

### Great Lakes Renewable Energy Association

**517-646-6269**  
P.O. 346

Diamondale, MI 48821  
Provides education in the fields of renewable energy, efficiency, and sustainable development.

*glrea@aol.com*  
***www.Glrea.org***  
Robert Pratt

### Home & Mobile Energy

1013 Elroy Drive  
Middlebury, IN 46540

**574-825-4800**  
In the renewable energy field since 2000. HME has designed, and/or installed over 500 off-grid and grid tied solar and wind systems. Open Mon-Fri, 8-5.

*leonb@homeandmobileenergy.com*  
***www.homeandmobileenergy.com***  
Leon Bontrager

### Household Hazardous Waste Facility

1105 E. Fifth St.  
Mishawaka, IN  
**574-235-9972**

Accepts paint, motor oil, lawn & garden chemicals and tires (\$1/ tire fee). Commercial wastes not allowed. Small electronics may be dropped off free; \$12 fee for large electronics. Open Tues-Sat 8:30-3:30.

***www.swmd.org***

### Indiana Office of Energy Development

Indianapolis, IN 46204

**317-690-7243**  
*cdorman@oed.IN.gov*  
***In.gov/energy/***  
Chris Dorman

### Indiana Recycling Resources

Information on recycling in Indiana such as: where to recycle, recycling grants, publications and much more.

***www.in.gov/recycle***

### Indiana Renewable Energy Association

Provides educational seminars on wind and solar, and information about renewable energy issues in Indiana.

***Indianarenew.org***  
***indianarenew.blogspot.com***

**Inovateus**

19890 State Line Rd  
South Bend, IN 46637

**574-968-4424 x4504**

World wide distributor of UNI-SOLAR (thin-film photovoltaic) offering complete turn-key solar electric projects in all sizes. Also build zero energy homes in Northern Indiana and Southwest Michigan. M-F 8-5.

*Nathan@inovateus.com*

***www.inovateus.com***

Nathan Vogel

**Jamil Packaging**

Corporation

Mishawaka, IN 46544

Environmentally friendly company that manufactures and sells 100% recycled packaging. Supply chain is vertically integrated back to paper mills that make 100% recycled materials

***jamilpackaging.com***

**Lefever Plumbing &**

Heating, Inc.

510 S. 2nd Street

Elkhart, IN 46516

**574-293-8709**

Offers several options for heating and cooling home and business that are environmentally friendly. We are excited that there is so much interest in radiant, solar and geothermal energy.

*luke@lefeverph.com*

***www.lefeverph.com***

Luke Lefever

**Lucid Energy**

118 East Washington Street,  
Suite 2

Goshen, IN 46528

**574-537-7300**

The latest design in water and wind turbines. Large scale, as well as small scale applications.

*info@lucidenergy.com*

***www.LucidEnergy.com***

Gina Leichty

**Michiana Wind & Solar**

510 S. 2nd Street

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**574-320-6869**

*luke@michianawindandsolar.com*

***www.michianawindandsolar.com***

Luke Lefever or Dan Flager

**Optional Energy**

Partners, Inc

1189 N. Nottawa St., Ste H

Sturgis, MI 49091

**269-808-4491**

OEP will harness the energy of methane gas produced from wastewater treatment to generate electricity. This electricity will help to provide heat and light needed to promote the growth of algae for biofuel.

*jnewman@civilitycenter.org*

***www.optionalenergypartners.com***

Dr. Jay B. Newman

### Pierce Cedar Creek

#### Institute

701 W. Cloverdale Rd.  
Hastings, MI 49058

**269-721-4190**

Mission: To promote environmental education, research, preservation and appreciation

*info@cedarcreekinstitute.org*

***www.cedarcreekinstitute.org***

Matt Dykstra

### Renewable Energy

#### Solutions

106 E. Catherine St.  
P.O.Box 390

Milford, IN 46542

**574-658-4524**

Solar Thermal Heating of water,  
Residential/ Commercial/Industrial  
buildings, pools.

*danleismer@bnin.net*

***Apricus.com***

Daniel W. Leismer

### Sauber & Sons

See listing under Buildings, Homes  
& Gardens.

### Solar Solutions

#### South Bend

Green building supply specializing  
in photovoltaics.

*aaldendifer@gmail.com*

Anthony Aldendifer

### Solid Waste

#### Management District of

#### St Joseph County

Provides education on recycling  
and disposal of hazardous waste  
for homes and businesses

***swmd.org***

#### Eco-Tip

Be a meat reducer. The average American diet contributes an extra 1.5 tons of greenhouse gases per year compared with a vegetarian diet. Eliminating meat and dairy intake one day a week can make a big difference.



Food &  
Farming

## Farms

### Alpacas of Alagaesia

64639 US 31

Lakeville IN 46536

**574-299-9356**

Raising earth-friendly alpacas with elite fiber qualities. Handmade products by us as well as from fair trade companies. Come see us at our farm or at South Bend Farmers Market!

*leann@alpacasofalagaesia.com*

***www.alpacasofalagaesia.com***

Leann Alexander

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*bborganics@gmail.com*

***www.bborganics.com***

Brad Boynton

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Niles, MI 49120

**269-684-8049**

Organic farm offering Community  
Supported Agriculture (CSA)  
memberships, farm camps for kids;  
Pumpkin Patch in the fall.

*theriniemier@yahoo.com*

***www.bertrandfarm.com***

Therese & John Niemier

Blueberry Ranch  
54743 Buckeye Rd.  
Granger, IN 46545

**574-255-5773**

Certified organic blueberries and  
blueberry products. U-pick and al-  
ready picked.

***blueberryranch.com***

*kali@blueberryranch.com*

Briar Patch Farm  
1274 W. County Line Rd.  
Walkerton, IN 46574

**574-586-7374**

Raspberries, muskmelons, pump-  
kins and seasonal features without  
synthetic chemicals, June through  
October at our farm stand. Fresh  
brown eggs from grazing hens year  
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***www.briarpatchfarm.us***

Judy Bella

Bubbling Brook Farm  
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Centreville, MI 49032

**269-467-4601**

Community Supported Agriculture  
Farm offering naturally grown vege-  
tables; Jersey cowshares available.  
Richard and Ellen Yoder

**Bullard Farms Market**  
5220 Middlebury St  
Elkhart, IN 46516

**574-293-3276**

Open mid April-Dec, Mon-Fri  
9am-6pm, Sat 9-4. Bedding plants,  
perennials; asparagus, strawber-  
ries, rhubarb, morrel mushrooms,  
sweet corn, pumpkins; hay bales.  
1 mile N. of US 20 on CR 17 in  
Elkhart.

*kbullard@skyyenet.net*

Kevin Bullard

**Clay Bottom Farm**  
11434 CR 34  
Goshen, IN 46528

**574-642-4123**

Offering locally supported CSA  
(Community Supported Agricul-  
ture) shares. Sign up in the spring,  
deliveries of fresh local produce  
June-Oct. Also located at Goshen  
Farmers Market year round.

Ben Hartman and Rachel Hershberge

**Community Gardens of  
Michiana**

South Bend Community Gardens  
is a Not-for-profit promoting  
community gardening in Michiana.  
Provides workshops on garden-  
ing, seed exchanges, tips and local  
food.

*sbgardens@yahoo.com*

**www.sbcg.org**

r

**Dinges Farm**  
15219 Mill Rd  
Three Oaks, MI 49128  
**269-426-4034**

Raspberries, sweet corn, cut annu-  
als, sunflowers, pumpkins, gourds,  
squash, fall decorations, hay rides,  
nature crafts. Enjoy a day in the  
country – fun, affordable activities.  
Open daily to dark, July-October.

*dingesfallharvest@yahoo.com*

**harborcountry.com/guide/  
dingesfarm**

Elaine & Leroy Dinges

**Earth Cure Natural  
Farm**  
3505 W. State Road 110  
Rochester, IN 46975

**574-892-6351**

Chemical free plants, produce  
and trees, mixed heritage breed  
turkeys, chickens, eggs, sunflow-  
ers, produce in season, dome  
home and straw bale barn. Sales  
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Market.

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**Earthworks**  
9815 Union Road  
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**574-935-4164**

Earthworks has herb and vegetable  
gardens, a large teaching green-  
house, and a variety of domestic  
farm animals. Offers programs,  
food coop, bread sales, educational  
and other events.

*earthworks@fourway.net*

**www.earthworksonline.org**

Eberly Orchards  
67118 Sage Rd.  
North Liberty, IN 46554  
**574-656-8563**

Open 8-6 daily last week of July-  
Nov 1. Peaches, sweet corn,  
apples, pumpkins, squash, gourds,  
picked and u-pick. 1 mi. S. and 1/2  
mi. E. of North Liberty on Quinn  
Road  
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Eggs-Tremely Fresh  
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Eggs from free-range, chemical-  
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Hay; chemical free, grass mix in  
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Cathy Metzger

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Soil and plant consultation for farm-  
ing and gardening sustainably.  
Raw sauerkraut and other tradi-  
tional fermented foods for healing,  
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*jpgady@rtcol.com*  
Joe Gady

Frontier Fiber Mill  
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All natural luxury yarns made in  
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30.

**[www.frontierfibermill.com](http://www.frontierfibermill.com)**

Lisa Gilman & Michael Rheinheimer

Eco-Tip

Buy products lo-  
cally and reduce the  
amount of energy  
required to drive your  
products to your store.

Green Meadow Farms  
57028 CR 43  
Middlebury, IN 46540  
**574-825-3843**

At Goshen Farmers Market:  
organic produce, grass-fed beef  
and lamb, pork (no antibiotics),  
eggs, popcorn, cow shares, dairy,  
unpasteurized cow cheese & goat  
cheese, pet food, Wild Alaskan  
halibut.  
*info4gmf@gmail.com*

Grovertown Fruit Farm  
6745 East 250 North  
Grovertown, IN 46531  
**574-867-2601**

Grow and sell peaches, plums,  
apples and pears, as well as fresh  
produce and pumpkins, gourds,  
Indian corn and other fall items.  
Mid-July thru Mid-November; Tues-  
Sun 9-5.  
*grovertownfruitfarm@nitline.net*  
Betty Dotlich

Heather Valley Honey  
RR 1, PO Box 10  
Lakeville, IN 46536  
**574-289-1992**

Honey, bulk beeswax, lip balm,  
candles.  
*INBeekeeper@cs.com*  
Jim Curlee

**Hiatt's Pork & Poultry**

1105 Northside Blvd.  
South Bend, IN

**574-282-1259**

South Bend Farmers Market. Free range chickens and turkeys, corn finished, no chemicals, no preservatives. Rabbit, duck, Amish cheese (no chemicals, no preservatives), free range eggs.

**Hillside Orchards**

8198 Fleisher Lane  
Berrien Springs, MI 49103

**269-471-7558**

Sweet cherries, apricots, nectarines, peaches, apples, chestnuts. Call for hours.

*Hillside1836@aol.com*

**<http://hillsideorchards.us>**

Thelen, Paul and Sarah

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**574-551-7432**

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Ecologically-raised food, marketed locally. In-season vegetables, chicken, turkey, beef, and pork.

*jeff@hawkinsfamilyfarm.com*

**[www.hawkinsfamilyfarm.com](http://www.hawkinsfamilyfarm.com)**

Jeff

**Kulwicki's Organic**

Produce  
30585 Johnson Rd.  
North Liberty, IN 46554

**574-289-9491**

Seasonal organic produce at South Bend Farmer's Market.

**Lavender Hill Farm**

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Niles, MI 49120

**269-684-4305**

Come pick your own lavender from late June to mid-July. Peruse hand-made lavender products at the farm shop. Check web, email or call for hours, events & appointments.

*info@thelavenderhill.com*

**[www.thelavenderhill.com](http://www.thelavenderhill.com)**

Martha Wilczynski

**Marty and Bab's Bread**

925 E. 600 N.  
Rochester, IN 46975

**574-223-8957**

Baking healthy breads with fresh ground organic wheat. Sour dough, European breads and scones. No sugar and additives. Orders taken for groups.

Marty Fair

**Matthys Farm Market**

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South Bend IN 46619

**574-287-1935**

Local produce in season, farm and garden services and products, spring bedding plants. M-F 8:30-6, Sat. 8:30-5. May and Oct. open Sun. 12-5. Petting zoo, pumpkin patch.

*matthysfarmmkt@datacruz.com*

**[www.matthysfarmmkt.com](http://www.matthysfarmmkt.com)**

John & Terry

Meadowblend Farm  
8794 N. Harper Road  
Leesburg, IN 46538  
**574-658-5588**

Grass-fed, free-range chicken, holiday turkey, stewing hens, brown eggs, beef, raw dairy; sales from farm.

*meadowblendfarm@bnin.net*  
Glenn & Geri Hochstetler

Michiana Beekeepers  
Association  
See listing in “Business”

Michiana Organic  
Growers Cooperative  
See listing in “Business”

Nelson’s Herb Farm  
65391 Dailey Rd.  
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**269-663-8164**

Live plants, bulk organic herbs, herb books, handmade soaps, organic fair trade coffees, teas, local candles, local honey. Open Tues-Sun 10-5.

*nelsonsherbs@aol.com*  
***www.nelsonsherbs.net***  
Karen Nelson

Once Upon a Farm  
Alpacas  
23887 Roosevelt Rd.  
South Bend, IN 46614  
**574-288-7699**

Alpaca farm. Alpaca apparel for sale. Hosts Shearing Days each spring, Open House in the fall, field trips and catered events.

*info@onceuponafarmalpacas.com*  
***www.onceuponafarmalpacas.com***  
Randy & Jennifer Beck

Plowshares Farm  
28114 State Rd. 2  
South Bend, IN 46619  
**574-233-1712**

CSA (Community Supported Agriculture). Purchase a membership and receive delivery of a bushel basket of vegetables in season once a week (June-October). Farm fresh eggs also available.

*plowsharesfarm@sbcglobal.net*  
Brett Bradley & Kathy Czubernat

Prairie Trail Farm  
16206 County Road 40  
Goshen, IN 46528  
**574-642-3555**

Offering plants, products & classes to help you bring nature into your life. Check website for hours.

*renee@prairietrailfarm.com*  
***www.prairietrailfarm.com***  
Renee

Prairie Winds Nature  
Farm  
21439 Osborne Rd.  
Lakeville, IN 46536  
**574-291-9943**

We educate and entertain people while producing and selling local farm products in a way that protects and preserves our rural heritage.

Tours, heritage breeding stock  
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***www.prairiewindsnaturefarm.com***  
Charlotte Wolfe

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and Market  
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**269-445- 8769**

Organic beef, Roseland Honey,  
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wild watercress and choice vegeta-  
bles in season.

*macmerrill@aol.com*

**[www.roselandorganicfarms.com](http://www.roselandorganicfarms.com)**

Merrill Clark and family

Eco-Tip

Keep your water  
heater thermostat  
no higher than 120F.  
Save 550 lbs of car-  
bon dioxide and \$30  
per year.

Shafer Orchard  
207 Shafer Rd  
Baroda, MI 49101  
**269-422-1972**

Apples, peaches, grapes. U-pick or  
ready picked 9-7 daily in season

*shafer@parret.net*

**[www.Parrett.net](http://www.Parrett.net)**

Tom

Thistleberry Farm  
61403 Mayflower Road  
South Bend, IN 46614

**574-289-0164**

August: Sweet corn picked fresh  
daily. September and October:  
Hayrides, Corn Maze, U-Pick  
pumpkin patch, Pedal cars, and  
tractor track. Fall decorations -  
gourds, mums, straw bales, corn  
stalks.

*info@thistleberryfarm.com*

**[www.ThistleberryFarm.com](http://www.ThistleberryFarm.com)**

Jenny Sipes

To Your Door Produce

Delivery

501 Stafford Road  
Niles, MI 49120

**269-684-2203**

*LaymanFarms@aol.com*

Stephanie Layman

Tree-Mendus Fruit Farm

and Country Market

9351 E. Eureka Rd.

Eau Claire, MI

**269-782-7101**

June – Oct., Wed-Mon, 10-6, after  
labor day Fri-Mon. Cherries, apri-  
cots, peaches, nectarines, pears,  
plums, apples, cider, and juice,  
u-pick or ready pick.

*treemendus@qtm.net*

**[www.treemendus-fruit.com](http://www.treemendus-fruit.com)**

Monica

Turkey Creek Alpacas  
12990 N 200W  
Milford, IN 46542  
**574-658-5572**

Breeding for exceptional animals. Sales of quality huacaya alpacas, breeding, site visits, logo design & artwork, alpaca end product sales and fiber arts classes.

*turkeycreek@maplenet.net*

**[www.turkeycreekalpacas.com](http://www.turkeycreekalpacas.com)**

Liz & Lee Clark

Walkerton Dairy Herd  
Association

Walkerton, IN 46574

**574-586-7722**

Become a shareholder in the Walkerton Dairy Herd Association and drink raw milk from your own herd! Fully shareholder owned and operated. Certified organic grass fed cows.

*svsiemers@earthlink.net*

Susan Siemers

Wise Family Farm  
Mentone, IN

**888-414-7675**

Orders delivered to South Bend once a month, or can be picked up at the farm. Pork (small herd), beef (grain and grass fed), chickens (on order only), lard (unprocessed). No hormones or antibiotics.

## Farmers Markets

American Countryside

Farmers Market

27917 CR26

Elkhart, IN 46517

**574 296 7827**

Fresh Food and Produce, local in season; Handcrafted goods by local and Amish craftsmen. S of US20 bypass at SR19. Thurs-Sat 7-3:30.

*info@midwestfarmersmarket.com*

**[www.midwestfarmersmarket.com](http://www.midwestfarmersmarket.com)**

Deb Alwine

Buchanan Farmers  
Market

302 North Red Bud Trl.

Buchanan, MI 49107

**269-506-3021**

Open air market providing the community with fresh, local foods, local crafts and agricultural by-products. Monthly themes and events for families and children, occasional live local music.

*jollimolly@yahoo.com*

**[farmersmarketonline.com/fm/](http://farmersmarketonline.com/fm/)**

**[BuchananFarmersMarket.html](http://BuchananFarmersMarket.html)**

Molly Thornton

Goshen Farmers Market  
212 W. Washington St.  
Goshen, IN 46526  
**574-533-4747**

All the best of local farm products and craftsmanship our region has to offer. CSA membership available. Open Tues. 3-7, and Sat. 8-1. Winter hours are Sat. 8am-1pm.

*millracemarket@hotmail.com*

***www.millrace.org***

Dave Green

Niles French Market  
N. Front and Main St.  
Niles, MI

**269-687-4332**

Plants, produce, artisan bread, European cheeses. Thurs, Sat, 9-2 May-October.

*nilesmainstreet@nilesmainstreet.org*

***www.nilesmainstreet.org***

Lisa Croteau

South Bend Farmers  
Market

1105 North Side Blvd.  
South Bend, IN 46615

**574-282-1259**

Offering fresh, home grown produce, dairy products, meats and unique merchandise since 1911. Open ALL year, Tues, Thurs 7-2, Sat 7-3. Also first Friday in May through last Friday in Sept, 7-2  
Kay

Three Oaks Farmers  
Market  
Elm and Central  
Three Oaks, MI 49128  
**269-756-3078**

Vegetables, plants, seedlings, coffee Sa. 9:30-1, May thru November.

***www.threeoaksfarmersmarket.com***

Barbara Presti

## Food Stores & Cooperatives

Das Kase Haus  
11275 West 250 North  
Middlebury, IN 46540

**574-825-9511**

Cheese made on premises from locally produced milk. Butter, other fresh and preserved foods, gift shop. Mon.-Fri. 8-5 and Sat. 8-3.

***www.amishcountry.org***

Jennifer

Down to Earth  
14678 SR 23  
Granger, IN 46530

**574-271-1497**

Natural and organic products: organic food (seasonally local), supplements, organic wine & beer, local bison, deli, juice bar, personal & cleaning products. Mon-Thurs 8-8, Fri 8-7, Sat 9-6, Sun 12-5.

*earthsupplements@comcast.net*  
Cindy

Food & Farming

Garden Patch  
228 W. Edison Rd.  
Mishawaka, IN 46545  
**574-255-3151**

Since 1956. Organic & bulk foods, nuts, vitamins, herbs, grains, cheese. Located between Grape and Main St. Open Mon-Sat 10a-7p.  
Jay

Greenfield Mills  
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Indiana's oldest commerical water-powered flour mill. 100 years in the Rinkel family. Tours, retail sales, fundraisers.  
[www.newrinkelflour.com](http://www.newrinkelflour.com)

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Grocery  
2083 Michigan Rd.  
LaPaz, IN 46537  
**574-784-3275**

Local asparagus, beans, sweet and sour cherries, melons, morels, tomatoes, corn, apples, peaches, squash, gourds and bedding plants. Corner of U.S. 6 & 31.  
Ronnie

Maple City Market  
314 S. Main St.  
Goshen IN 46526  
**574-537-0885**

Maple City Market is a small co-op offering organic grocery and produce as well as health and beauty supplements. Open Mon-Sat 8-8.

[marketing@maplecitymarket.com](mailto:marketing@maplecitymarket.com)  
[www.maplecitymarket.com](http://www.maplecitymarket.com)  
Alex

Nutrition Works  
235 W. University Dr.  
Mishawaka, IN 46545  
**574-271-2076**

Organic fruits and vegetables, salmon, local chicken, vitamins and minerals, essential oils, vitamix, Mon- Sat 9-7.  
Jennifer

Organic Grains &  
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South Bend, IN 46615  
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Pamela Benchaar

Purple Porch Food  
Co-op

937 S. 21st Street  
South Bend, IN 46615  
Online local food ordering model: local producers post produce, meat, dairy and dry goods for sale; member-owners order their food, and pick up at a distribution center.

[info@purpleporchcoop.com](mailto:info@purpleporchcoop.com)  
[www.purpleporchcoop.com](http://www.purpleporchcoop.com)  
Tama Crisovan

Sawyer Market  
5864 Sawyer Rd  
Sawyer MI 49125  
**269-426-4646**

A full service grocery with healthy alternatives  
[Debbie@sawyermarket.com](mailto:Debbie@sawyermarket.com)  
Debbie George

## Restaurants, Cafes & Caterers

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117 S Main Street  
Mishawaka, IN 46544  
**574-259-1425**

Coffee and cafe featuring local foods and fresh-roasted organic coffee.

*thebeanerycafe@yahoo.com*  
***www.myspace.com/thebeanery***  
Aubrea Geans-Mendez

Belle Via Market & Café  
11 S. Elm  
Three Oaks, MI 49128  
**269-756-3978**

Organic groceries, fair trade coffee, juice bar, smoothies, soups, etc. Fresh Organic produce (seasonally local) Hours: Thurs - Mon 11-5.

*jane@bellevia.com*  
***www.bellevia.com***  
Jane, Lily or Pat

The Chicory Café  
105 E Jefferson Blvd Ste.  
103 South Bend, IN 46601  
**574-234-1141**

Coffee Café serving artisan teas, fair trade-only coffee and other fair trade products.

*chicorycafe@sbcglobal.net*  
***www.chicorycafe.net***  
Heather Yarbrough

Constant Spring  
219 S. Main St.  
Goshen, IN 46526  
**574-533-3302**

Nonsmoking bar serving local meat and produce. Constant Spring recycles all glass, plastic and cardboard. Live music weekends.

*constant\_spring@yahoo.com*  
***www.aconstantspring.com***  
Jason Oswald

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1631 Edison Rd.  
South Bend, IN 46637  
**574-273-6216**

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*orangeonwheels@gmail.com*  
Elizabeth Biddlecome, Tonya Bogunia

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Line-dry your clothes in the spring and summer instead of using the dryer. Save 700 lbs of carbon dioxide and \$75 per year.

Green Buying

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801 W. Buffalo St.  
New Buffalo, MI 49117

**269-469-1800**

Café, bakery, catering service,  
Wed-Sun, 8:30-3. Uses local  
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sells seasonal produce and food  
products

*retrocafe@qtm.net*

Judy Gosh



Better World Books

55740 Currant Rd.  
Mishawaka, IN 46545

**800-894-0242**

Bookstore capitalizing on the value  
of books to fund and support litera-  
cy initiatives locally, nationally and  
internationally

*rudy@betterworldbooks.com*

***www.BetterWorld.com***

Rudy Reyes Jr

Big Bad Bags

553 Parkovash Ave.  
South Bend, IN 46617

**574-514-3313**

Custom hand bags.

*nsloan@msn.com*

Norma Sloan

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Mishawaka, IN 46544

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bows, headbands, and baby  
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offered, and custom orders are  
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***www.birdsongbows.com***

Deanna McCool

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Sawyer, MI 49125

**269-426-3958**

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most completely sustainable busi-  
ness. Local products, fair traded.

*wwolfpack@earthlink.net*

***www.catherinedoll.com***

Catherine Doll

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organic herbs, spices, teas. South  
Bend Farmer's Market Tues, Thurs  
and Sat. Order online.

*susan@ceres-co.com*

***www.ceres-co.com***

Susan Siemers

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Fiber and Yarns

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Finest hand knit designs, knitting, crochet, instruction, originals.

[Elizabeth.matthews@sbcglobal.net](mailto:Elizabeth.matthews@sbcglobal.net)

Elizabeth Matthews

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528 E. Colfax Ave. Suite 1

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**574-233-8400**

An eclectic blend of fine art, fine crafts and antiques featuring over 60 local artists. Open Wed. thru Fri. 10am – 6pm. Sat. 11am-3pm.

[www.circaartsgallery.com](http://www.circaartsgallery.com)

Kathy Reddy White

## Local Food for All | City Spaces

The Urban Garden Market (UGM) is a unique economic and social tool to help achieve a wide variety of goals. It was started in September, 2008 as a collaborative effort between growers and community organizations. The UGM's primary purpose is to provide South Bend's west side community with a place to buy fresh produce direct from producers in a congenial atmosphere, and to provide producers with a direct market for their goods. Area farmers as well as backyard, urban gardeners are encouraged to participate as vendors.

Additionally, the UGM promotes public health by increasing the availability of fresh nutritious food for inner city residents and seniors on fixed incomes.

By bringing together diverse people and economic activity to the underused space, the Market can help the area become stronger, safer and more vibrant.

The Urban Garden Market is a collaborative effort developed

by representatives from the LaSalle Area Neighborhood Association, Community Gardens of Michiana, and the Community Forum for Economic Development with assistance from the Botanical Society of South Bend and the City of South Bend. It is located in the LaSalle Square area and will operate Saturdays May 23 through mid-October, running from 9:00am – Noon each day.

Urban Garden Market Mission: To provide fresh, locally grown produce and prepared food products in a friendly, inviting market place.

For more information contact: [urbangardenmarket@gmail.com](mailto:urbangardenmarket@gmail.com)



**Crafty Momma Soaps & More**

4465 W. Old U.S. 30  
P.O.Box 62  
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**219-797-3011**

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*Craftymomma\_7@msn.com*

**[www.Soapwood.etsy.com](http://www.Soapwood.etsy.com)**

Heather & Carl Banas

**Down To Earth**

See Food and Farming.

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1027 E. Wayne St.  
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*Philip.schatz@juno.com*

William Storey and Philip Schatz

**Erv's Vac Shop**

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Chris Black

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**[www.justgoods.net](http://www.justgoods.net)**

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Custom-built barrel composters, rain barrels, garden carts, and bicycle trailers. All made with recycled materials, whenever possible. Durable, economical and environmentally-friendly

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*garb912@aol.com*

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The Story of Stuff  
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Ten Thousand Villages  
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Mishawaka, IN 46530  
**547-277-4900**

Fair trade coffee, gifts, home décor, handicrafts and more from around the world. Open Mon-Sat 10-6.

*villagesmish@sbcglobal.net*

**[www.mishawaka.tenthousandvillages.org](http://www.mishawaka.tenthousandvillages.org)**

**[tenthousandvillages.org](http://tenthousandvillages.org)**

Ten Thousand Villages  
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Goshen, IN 46526  
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Fair trade coffee, gifts, home décor, handicrafts and more from around the world. Open Mon-Sat 9-5. Fri 9-7.

*goshen@tenthousandvillages.com*

**[www.goshen.tenthousandvillages.org](http://www.goshen.tenthousandvillages.org)**

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**[www.workingperson.com](http://www.workingperson.com)**

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"Antiques" is just a fancy word for "re-use" and "re-cycle."

**[youllgogaga.com](http://youllgogaga.com)**

[gogaga@sbcglobal.net](mailto:gogaga@sbcglobal.net)

Janet Sullivan



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215 E. Mishawaka Ave.  
Mishawaka, IN 46545

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General Practice, Alternative Medicine, Chelation, Bioidentical Hormone Therapy, Photoluminescence, Nutritional Counseling, QXCI, Electrodermal testing.

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**[www.Bornclinic.com](http://www.Bornclinic.com)**

Kelly Boyer, NP

**Dhanwantari Center for**

**Yoga and Well-Being**

117 S. Michigan St.  
South Bend, IN 46601

**574-288-YOGA**

Yoga sanctuary, downtown South Bend, provides daily drop-in yoga classes in a variety of styles including, vinyasa, viniyoga, kundalini, Kripalu + more! Also private, therapeutic yoga sessions and Ancient Ayurveda consultations.

[info@dhanwantaricenter.com](mailto:info@dhanwantaricenter.com)

**[www.yogasouthbend.com](http://www.yogasouthbend.com)**

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Glen Lehman

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**574-520-4261**

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***www.iusb.edu/~cted***

### Jamie Robinson, ERYT

**574-514-9458**

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Jamie for course locations.

*jamierobinsonyoga@hotmail.com*

### Maple City Health Care

Center

213 Middlebury Street

Goshen, In 46528

**574-534-3300**

*dyost@mchcc.com*

***www.mchcc.com***

Don Yost

### Michiana Wellness &

Longevity Clinic

605 West Edison Road

Suite G Mishawaka, IN 46545

**574-258-4444**

*mwlc@sbcglobal.net*

***www.MichianaWellness.com***

Sue Marsh/ Dr. William Lyden

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Alternative pain therapies, fibromyalgia, scar tissue, chronic pain

*andygmt2002@yahoo.com*

Andrew Knapp, CMT

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*kris@soakupthelight.net*

***www.soakupthelight.net***

Kris Laidlaw

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South Bend, IN 46637

**574-272-7700**

We are a wholistic center based on Oriental Medicine principles, incorporating acupuncture and herbs. Oriental medicine is a complete system which can remedy ailments, reduce stress, enhance immunity & manage pain.

*brigitte@rivervalleywellness.com*

***www.rivervalleywellness.com***

Brigitte Goulet

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**574-277-0034**

*jhug@michiana.org*

***sacredwaterscenter.org***

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South Bend, IN 46624

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Group and private Yoga lessons, over 10 years teaching experience. Also Thai Yoga; meditation, Reiki, Green Tree School of Yoga (200 hr. Yoga Alliance-approved yoga teacher-training, see Web)

*kim@sagewateryoga.com*

***www.sagewateryoga.com***

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*machelle@shaktiyogastudio.org*

***www.shaktiyogastudio.org***

Machelle Lee

Spacious Heart Yoga

203 S. Main St.

Suite 13 Goshen, IN 46526

**574-534-7223**

*info@spaciousheartyyoga.com*

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and sustained mois-  
ture for you. Trees  
suck up carbon diox-  
ide and make clean  
air to breathe. Save  
2,000 lbs of carbon  
dioxide each year.



## Information & Education

Audobon Society  
South Bend-Elkhart  
59395 Clover Rd.  
Mishawaka, IN

**574-243-8739**

Provides education on birding issues and conservation, field trips to local natural areas, and hosts environmental educational opportunities throughout the year.

**[www.sbeaudubon.org](http://www.sbeaudubon.org)**

The Botanical Society –  
South Bend

P.O. Box 4236

South Bend, IN 46634

Citizens with a passion for plants and a love of the Potawatomi Greenhouses and Ella Morris, Muessel-Ellison Conservatories.

*[info@botanicalsociety.sb.org](mailto:info@botanicalsociety.sb.org)*

**[www.botanicalsociety.sb.org](http://www.botanicalsociety.sb.org)**

Center for Aquatic

Conversation

Galvin Hall

University of Notre Dame

**574-631-4153**

Works to connect science and society. Aquatic studies, educational programs. Cooperative project of The Nature Conservancy and the University of Notre Dame.

Joanna McNulty

Center for a

Sustainable Future

Indiana University South Bend

**574-520-4429**

Offers sustainability education and consulting to the IUSB campus and the community.

*[mkeen@iusb.edu](mailto:mkeen@iusb.edu)*

Mike Keen

City of South Bend

Environmental Services

321 E. Walter St.

South Bend, IN 46614

**574-277-8515**

**[www.southbend.in.gov/city/departments/public\\_works/about.asp](http://www.southbend.in.gov/city/departments/public_works/about.asp)**

Community

Sustainability Project,

Inc.

P.O. Box 1031

Goshen, IN 46527-1031

**574-533-7936**

Education outreach, Mill Race Farmers Market, comprehensive community planning.

**[www.millrace.org](http://www.millrace.org)**

Downtown South Bend

P.O. Box 930

South Bend, IN 46624

**574-282-1110**

Contact for detailed information on transportation, dining, boutiques, retail, galleries, performing arts, accommodations, parks, gift certificates and more.

**[www.downtownsouthbend.com](http://www.downtownsouthbend.com)**

## Earth Day Resource Center

South Bend, IN

Volunteer-run organization, sponsors the community-wide annual Arbor & Earth Day Festival, consults with local schools, teaches youth/adults to become active, and volunteers at 4-H gardening and recycled art classes.

**574-277-7456**

*Djmendelsohn@aol.com*

Diana Mendelsohn

## Earth Literacy MA, St.

Mary's of the Woods

Saint Mary-of-the-Woods

College

Saint Mary-of-the-Woods, IN  
47876

**812-535-5160**

Earth Literacy is interdisciplinary learning that fosters the capacity to understand the world in order to promote sustainability of the planet as a habitat for life.

*elm@smwc.edu*

**[www.smwc.edu](http://www.smwc.edu)**

Mary Lou Dolan, CSJ

### Eco-Tip

Install a low-flow showerhead and/or take shorter showers. Showers account for 2/3 of all water heating costs.

## Earthcare Club

**574-533-3608**

Environmentally-focused 4-H club based in Goshen.

Janeen Johnson

## Earthworks

See "Food and Farming"

## Granger Paths

P.O. Box 427

Granger, IN 46530

**574-243-1747**

Seeks a Granger connected with bike and pedestrian pathways as a community that becomes a more attractive place to live and to raise a family.

*grangerpaths@gmail.com*

**[www.grangerpaths.typepad.com/](http://www.grangerpaths.typepad.com/)**

Barbara Black-Fredman

## Historic Preservation

Commission of South

Bend & St. Joseph Co.

125 S. Lafayette Blvd.

South Bend, IN 46601

**574-235-9798**

Identifies buildings, structures, sites and objects, which are architecturally or historically significant, in the City of South Bend and the unincorporated areas of Saint Joseph County.

*SBSJCHPC@co.st-joseph.in.us*

**[www.stjosephcountyindiana.com/](http://www.stjosephcountyindiana.com/sjchp/index.html)**

**[sjchp/index.html](http://www.stjosephcountyindiana.com/sjchp/index.html)**

## Holistic Moms Network

South Bend, IN 46615

**1-877-HOL-MOMS**

Local chapter of a national Mom's group. Monthly meetings, weekly play groups, hikes, book groups, and more. Join to find others who share your passion for natural parenting.

**[www.holisticmoms.org](http://www.holisticmoms.org)**

*info@holisticmoms.org*

Katie

Holistic Parenting  
Goshen, IN  
[goshenholisticparenting@gmail.com](mailto:goshenholisticparenting@gmail.com)  
Andrea Houghton

Hope CSA, Inc  
10373 N 300 E  
North Manchester, IN 46962  
**260-982-4961**  
Continuing education for pastoral  
leaders on a small family farm.  
[jeff@hopecsa.org](mailto:jeff@hopecsa.org)  
**[www.hopecsa.org](http://www.hopecsa.org)**  
Jeff

Indiana Department  
of Environmental  
Management, Northern  
Regional Office  
220 W. Colfax Ave., Ste. 200  
South Bend, IN 46601-1634  
**574-245-4870**  
**800-753-5519**  
IDEM's Northern Regional Office  
staff inspect regulated businesses  
and answer questions on regula-  
tions and the environment. Public  
access available for local permits  
and inspection reports. M-F 8:15-  
4:45.  
**[www.idem.IN.gov](http://www.idem.IN.gov)**

Indiana Department of  
Natural Resources  
**574-457-8092**

Indiana Green Pages  
**888-851-9084**  
**[Myhomegreenpages.com](http://Myhomegreenpages.com)**

Indiana Outdoors  
**[In.gov/dnr/](http://In.gov/dnr/)**

Kosciusko Lakes and  
Streams  
200 Seminary Drive  
Winona Lake, IN 46590  
**574-372-5100**  
Community water quality program  
centered at Grace College, focused  
on protecting and enhancing local  
water quality through research,  
education, and collaboration.  
[boekesec@grace.edu](mailto:boekesec@grace.edu)  
**[water.grace.edu](http://water.grace.edu)**  
Eileen Boekestein

Let There Be Night  
55860 Bittersweet Rd.  
Mishawaka, IN 46545-7798  
**574-258-9569**  
Planetarium program and educa-  
tional resources advocate for dark  
skies as students quantify by how  
much the night sky is degraded by  
light pollution.  
[imagine@LetThereBeNight.com](mailto:imagine@LetThereBeNight.com)  
**[www.LetThereBeNight.com](http://www.LetThereBeNight.com)**  
Art Klinger

Merry Lea  
Environmental Learning  
Center  
P.O. Box 263  
Wolf Lake, IN 46796  
**260-799-5869**  
Ecological field station, Masters  
Degree program, public programs.  
"A Place Where Earth and People  
Meet"  
[merrylea@goshen.edu](mailto:merrylea@goshen.edu)  
**[www.goshen.edu/merrylea/](http://www.goshen.edu/merrylea/)**

## Michiana Mennonite

### Earth Group

Advocates for sustainability through various events and educational initiatives in Elkhart County.

*lhnafziger@gmail.com*

**[www.michianaeearthgroup.org](http://www.michianaeearthgroup.org)**

Lois Hess-Nafziger

## Near Northwest

### Neighborhood, Inc.

901 California  
South Bend, IN

**574-232-9182**

An organization of citizens dedicated to the preservation and revitalization of the neighborhood. Sponsors an Arts Café each November.

*nnnorganizer@kconline.com*

**[www.nearnorthwest.org](http://www.nearnorthwest.org)**

## Green our Economy | Community Currency

**M**ichiana Community Currency is working to build a movement in our region to support local producers and businesses and lighten our load on the planet.

As our economy has become more global, we know less and less about where and how the goods we consume are made. Long-distance trade makes it impossible to know the true environmental and social risks and costs of what we consume.

Like the Michiana Green Pages, Michiana Community Currency aims to help re-localize our economic life. It does so by generating our own local currency that can only be circulated within our region. Community currencies complement national ones, allowing consumers to consciously support local markets, even as they continue to use dollars for many items that are not available locally. Residents can earn local money by providing services and goods for neighbors such as child care, dog walking, home repairs, etc. They can also volunteer with com-

munity groups. This adds income to our local economy, and it enhances opportunities for locally owned businesses and individual entrepreneurs.

Modeled on similar initiatives in places like Ithaca, New York and a growing number of places around the country and world, community currencies link our economic activities with communities and our natural environment. Our currency will allow us to assign value to goods and services that build up our community and conserve our natural resources, rather than leaving this to the global marketplace.

Please join this effort to build a sustainable local economy. Visit our website at [www.michianacurrency.org](http://www.michianacurrency.org) or email: [michianacurrency@gmail.com](mailto:michianacurrency@gmail.com). Phone: 574-287-3834.

Jackie Smith



Notre Dame Office of  
Sustainability  
436 Grace Hall  
Notre Dame, IN 46556  
**574-631-1439**

Spearheads all sustainability efforts at the University and maintains a website with many resources for living greener both on-campus and off.

*sustainability@nd.edu*  
**green.nd.edu**

Rachel Novick

Peacemakers  
**574-533-3553**  
**574-534-7118**

Training to prevent violence and transform conflict.

*SteveThomas61@msn.com*  
**www.peacemakertraining.org**  
Steve Thomas

St. Joe County Izaak

Walton League  
20400 Darden Road  
South Bend, IN 46637  
**574-272-3660**

Environmental conservation organization – strives for the purity of water, the clarity of air and the wise stewardship of the land and its resources.

*mhay@mossbergco.com*  
**www.iwla.org**  
Mike Hay

St. Joseph County  
Soil and Water

Conservation Partnership  
5605 US 31 South, Suite 4  
South Bend, IN 46614  
**574-291-7444 x3**

Two government agencies (USDA Natl. Resources Conservation Service & St. Joe. SWCD), working together to help landowners protect our country's natural resources.

*troy.manges@in.nacdnet.net*  
**http://stjoseph.iaswcd.org**

Taproot Circle  
South Bend, IN  
**574-203-0702**

Practical food consulting for personal health, community food security, eco-sustainability, and global equity. Workshops, skill building classes, community education, one-on-one/group programs in holistic health through counseling and education.

*jenny@taprootcircle.com*  
**www.taprootcircle.com**  
Jenny Choi-Fitzpatrick

Vibrant Life Coaching  
3308 Colony Ct.  
Mishawaka, IN 46545  
**574-855-1135**

Provides coaching through Positive Psychology and energy techniques among others to help people increase awareness, change habits, and to get organized, which saves on resources, unnecessary consumption, and waste.

*VibrantLifeCoaching@comcast.net*  
**KathrynBurnett.com**  
Kathryn Burnett

Weston A. Price  
Foundation  
South Bend, IN  
**574-772-6996**

Wise traditions in the healing arts, food, education, research and activism. South Bend WAFP chapter meets regularly. Contact Misty for more information.

*sarnovich@earthlink.net*

**[www.westonaprice.org](http://www.westonaprice.org)**

Misty Sorchevich



Natural Spaces,  
Leisure & Activities

Bonneyville Mill County  
Park  
53373 County Road 131  
Elkhart County  
**574-535-6458**  
Elkhart County Parks  
**[www.elkhartcountyparks.org](http://www.elkhartcountyparks.org)**

Boot Lake Nature  
Preserve  
Williams Lane, near CR 3 & CR  
5, N. of Elkhart Airport.  
**574-293-2572 x321**  
A 226 acre passive recreational  
park that encompasses forest, tall-  
grass prairie and wetlands. Home  
to threatened and endangered  
species. Open dawn to dusk.  
**[www.elkhartindiana.org](http://www.elkhartindiana.org)**

Bristol Parks  
**574-848-7007**

Chikaming Open Lands  
P.O. Box 14913  
Lakeside Rd.  
Lakeside, MI 49116  
**269-469-2330**

Non-profit conservation organiza-  
tion working with landowners in the  
Galien River watershed and south-  
west Berrien County to preserve  
open space and the diverse, natu-  
ral character of the area.

*info@chikamingopenlands.org*

**[chikamingopenlands.org](http://chikamingopenlands.org)**

Beth Denton

City of Elkhart Parks &  
Recreation  
**574-295-7275**  
**[www.elkhartindiana.org](http://www.elkhartindiana.org)**

City of South Bend  
Parks Department and  
Tree Advisory  
321 E. Walter St.  
South Bend, IN 46614  
**574-299-4765**  
**[www.sbpark.org](http://www.sbpark.org)**

Conley Woods Nature  
Preserve  
County Road 21  
Elkhart County  
**574-293-5070**  
Trillium Land Conservancy

**Elkhart Environmental  
Center**

1717 E. Lusher Ave.  
Elkhart, IN 46516

**574-293-5070**

Hiking, biking, canoeing, picnic areas, wildlife watching, exhibits, field trips, classes, volunteer opps. Trails open dawn to dusk daily. Cabin open Sat 1-4pm, March-Sept. and by chance or appointment.

**[www.elkhartindiana.org/eecenter](http://www.elkhartindiana.org/eecenter)**  
Rhonda

**Fernwood Botanic  
Garden & Nature**

Center  
13988 Rangeline Rd.  
Niles, MI

**269-695-6491**

105 acres of beautiful gardens are tucked into a scenic valley along the St. Joseph River. Indoor and outdoor opportunities for exploring and learning.

**[info@fernwoodbotanical.org](mailto:info@fernwoodbotanical.org)**  
**[www.fernwoodbotanical.org](http://www.fernwoodbotanical.org)**

**Goshen Parks &  
Recreation Department**

607 W. Plymouth Ave.  
Goshen, IN 46526

**574-534-2901**

**[parksrecreation@goshencity.com](mailto:parksrecreation@goshencity.com)**  
**[www.ci.goshen.in.us](http://www.ci.goshen.in.us)**

**Lieber Nature Preserve**  
County Road 23, north of Toll  
Road

Elkhart County  
Indiana DNR

**[www.in.gov/dnr/naturepr/  
npdirectory/preserves.html](http://www.in.gov/dnr/naturepr/npdirectory/preserves.html)**

**Middlebury Parks**  
418 N. Main St.

Middlebury, IN 46540

**574-825-1499**

Park hours: daily 6am-10pm.  
Reservations available. Office  
hours M-F 7:30am-4:30pm.

**[parks@middleburyin.com](mailto:parks@middleburyin.com)**  
**[www.middleburyin.com](http://www.middleburyin.com)**

John Stout

**Nappanee Parks &  
Recreation**

P.O. Box 29  
Nappanee, IN 46550

**574-773-2112**

**[nappaneeparks@yahoo.com](mailto:nappaneeparks@yahoo.com)**  
**[www.nappanee.org/recreation](http://www.nappanee.org/recreation)**

**Ox Bow County Park**  
23033 County Road 45

Elkhart County  
**574-535-6458**

**[www.elkhartcountyparks.org](http://www.elkhartcountyparks.org)**

**Eco-Tip**

Make sure your printer paper is 100% post consumer recycled paper. Save 5 lbs of carbon dioxide per ream of paper.

### Potawatomi Wildlife

#### Park

16998 State Road 331  
Tippecanoe, IN 46570

**574-498-6550**

Low-impact recreation, educational programs, gathering place, canoe rental, astronomy activities. Nature preserve atmosphere.

[park@getintonature.com](mailto:park@getintonature.com)

**[www.getintonature.com](http://www.getintonature.com)**

Michael Stephan

### Pumpkinvine Nature

#### Trail

P.O. Box 392

Goshen, IN 46527

Volunteer work to construct a 17-mile greenway along the old Pumpkinvine railroad corridor. Trail currently open in Abshire Park, Goshen and Krider Park, Middlebury. Annual bike ride in June.

[Rjcarrico1@verizon.net](mailto:Rjcarrico1@verizon.net)

**[www.pumpkinvine.org](http://www.pumpkinvine.org)**

**[www.indianatrails.org](http://www.indianatrails.org)**

Bob Carrico

### Rieth Interpretive

#### Center

421 W. Plymouth Ave.

Goshen, IN 46526

**574-537-0986**

1st Wed of each month at noon hosts Sound of the Environment, roundtable discussion on sustainable business ideas. Bring lunch. Also offers environmental programs, nature hikes, bird walks. Tues-Sat 10-5.

[melissakinsey@goshencity.com](mailto:melissakinsey@goshencity.com)

**[www.ci.goshen.in.us](http://www.ci.goshen.in.us)**

Melissa Kinsey

### River Preserve County

#### Park

**574-535-6458**

Various access points.

**[www.elkhartcountyparks.org](http://www.elkhartcountyparks.org)**

### St. Joseph County Parks

50651 Laurel Rd.

South Bend, IN 46637

**574-277-4828**

Offers programs and facilities at Bendix Woods, Ferrettie-Baugo Creek, St. Patrick's Co. Parks, Spicer Lake Nature Preserve, Place Trail Marsh Natural Area, Chamberlain Lake Nature Preserve.

[bendixwoods@sjcparks.org](mailto:bendixwoods@sjcparks.org)

**[www.sjcparks.org](http://www.sjcparks.org)**

### The Derksen Farm

#### Wetland Area

Corner of Elkhart County Rd. 7 and Woodview Dr.

**574-773-2112**

Nature viewing area and walking paths

**[www.nappanee.org/recreation](http://www.nappanee.org/recreation)**

### Treasure Island

56225 Armour Avenue

Elkhart, IN

**574-535-6458**

**[www.elkhartcountyparks.org](http://www.elkhartcountyparks.org)**

## Transportation

### Waterbirds at the Kuhl

#### Spot

7393 Tulip Lane  
New Carlisle, IN 46552

**574-654-8714**

Largest waterfowl rehabilitation facility in the Michigan/Indiana area. Recycling program, school presentations, publications, volunteer opportunities.

Diane Kuhl

### Woodlawn Nature

#### Center

604 Woodlawn Ave.  
Elkhart, IN

**574-264-0525**

Woodlawn Nature Council. Thurs & Sat 1-4, Sun 2-5.



## Transportation

### Bicycle shops

Bike shops are a great resource for biking information, sales, repairs, etc. Check your phone book for a locally-owned shop near you.

### Albright's Cycling &

#### Fitness

2720 Lincoln Way West,  
Mishawaka, IN 46544

**574-255-8988**

Cycling & Fitness Store.

**[www.albrightscycling.com](http://www.albrightscycling.com)**

### Bike Michiana

#### South Bend, IN

An umbrella resource to promote all things bicycle-related in the Michiana area.

*[bikemichiana@gmail.com](mailto:bikemichiana@gmail.com)*

**<http://bikemichiana.org>**

H Scott

### Chain Reaction

113 W Jefferson St  
Goshen, IN 46526

**574-903-3056**

Promotes the use of bicycles in the Goshen community through educational programs and by offering fair wage, bicycle-related work opportunities and increased access to bicycle for persons with low income.

*[info@crbp.org](mailto:info@crbp.org)*

**<http://crbp.org>**

Eric Saner

### Indiana Bike Coalition

Statewide group working to create a bicycle friendly Indiana.

**[bicycleindiana.org](http://bicycleindiana.org)**

### Interurban Trolley

#### System

**574-674-8894**

Public transportation for the Elkhart and Goshen areas.

*[macogdir@macog.com](mailto:macogdir@macog.com)*

**[www.interurbantrolley.com](http://www.interurbantrolley.com)**

**MACOG Ride Sharing  
Program**

**574-674-8894**

Matches you with other workers/  
students with similar schedules and  
destinations in the St. Joe County  
area. Just waiting for people to  
sign up! Web link is under "Envi-  
ronmental Planning."

**[www.macog.com](http://www.macog.com)**

**Michiana Bike**

**Association**

**P.O.Box 182**

**Granger, IN 46530**

**574-674-0088**

The Michiana Bicycle Association  
(MBA) is an organization of individ-  
uals who enjoy bicycling as a sport.  
The MBA endeavors to plan and  
promote bicycling for the benefit of  
all.

**[Recla@aol.com](mailto:Recla@aol.com)**

**[www.mbabike.com](http://www.mbabike.com)**

**Outpost Sports**

**3602 N. Grape Rd.**

**Mishawaka, IN 46564**

**574-259-1000**

Retail store for outdoor gear and  
supplies.

**[www.outpostsports.com](http://www.outpostsports.com)**

**Paint the Town Bicycle**

**Coalition**

**574-822-9472**

Sponsors Annual Bike to Work  
Week. Advocates developing a  
network of bicycle safety lanes for  
sustainable transportation link-  
ing area businesses, schools,  
parks, museums and recreational  
destinations.

**[Wilson-nixa@sbcglobal.net](mailto:Wilson-nixa@sbcglobal.net)**

**Jeff Nixa**

**Pro-Form Bike-Run-**

**Swim**

**2202 South Bend Ave., South  
Bend, IN 46635**

Retail store for biking, running,  
swimming.

**[www.proformbike.com](http://www.proformbike.com)**

**Spin Zone Cycling**

**Outfitters**

**51345 Bittersweet Rd.**

**Granger, IN 46530**

**574-243-4994**

**[petercolan@aol.com](mailto:petercolan@aol.com)**

**[www.spinzonecycling.com](http://www.spinzonecycling.com)**

**Peter Colan**

**Transpo**

**901 E. Northside Blvd.**

**South Bend, IN 46617**

**574-233-2131**

Public transportation agency serv-  
ing South Bend-Mishawaka's citi-  
zens. Over 200 miles of bus routes  
and over 65 vehicles; offers ener-  
gy-saving, economical and environ-  
mentally friendly transportation.

**[transpocustserv@sbtranspo.com](mailto:transpocustserv@sbtranspo.com)**

**[www.sbtranspo.com](http://www.sbtranspo.com)**

**Tyler Motors**

**Niles, MI**

**269-683-3920**

Local dealership offering several  
models of electric cars.

# Web Resources

American Solar Energy Society  
[www.ases.org](http://www.ases.org)

Arts Everywhere  
<http://artseverywhere.com>

The Business Alliance for Local Living Economies  
(BALLE)  
<http://www.livingeconomies.org/>

Consumer Recycling Guide  
[obviously.com/recycle](http://obviously.com/recycle)

Energy Star Products  
[energystar.gov](http://energystar.gov)

Green Home Guide  
by US Building Council  
[greenhomeguide.org](http://greenhomeguide.org)

Indiana Products  
[www.visitindiana.net](http://www.visitindiana.net) AND [www.madeinindiana.htm](http://www.madeinindiana.htm)

International Fair Trade Organization  
[ifat.org](http://ifat.org)

Investigate pollution topics in your community  
[scorecard.org](http://scorecard.org)

Local Harvest  
[www.localharvest.org](http://www.localharvest.org)

National Geographic Green Consumer Guide  
[thegreenguide.com](http://thegreenguide.com)

The Natural Step  
[www.thenaturalstep](http://www.thenaturalstep)

Sierra Club's Mr.Green  
Environmental advice column  
[sierraclub.typepad.com/mrgreen](http://sierraclub.typepad.com/mrgreen)

Stop Global Warming  
[stopglobalwarming.org](http://stopglobalwarming.org)

# Suggest an Entry

Email information to [mgp@justgoods.net](mailto:mgp@justgoods.net), or mail to Michiana Green Pages, 1211 Mishawaka Ave., South Bend, IN 46615. Must be received by February 15, 2010 to be included in the Spring 2010 edition.

Please include: Contact person, Company/Organization Name, Address, Phone, Web address, email address, and a 30 word (or less) description.

## To Obtain Additional Copies

If you would like to obtain copies of the guide for your group, place of business, or conference attendees, email us at [mgp@justgoods.net](mailto:mgp@justgoods.net), or mail your request to Michiana Green Pages, 1211 Mishawaka Ave., South Bend, IN 46615. The charge for large orders will be based on printing costs. Please allow at least two weeks for production.

Individual copies are available for pickup at the following locations (check the website for updates):

Ceres and Co. Booth, S. Bend Farmer's Market  
Circa Arts Gallery  
Goshen Farmer's Market  
Just Goods

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